



FOR IMMEDIATE RELEASE
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raising awareness: **dream's** film and speaker series presents
Dr. Graham Wood

In this day and age, when people seem to measure their self-worth in material assets and acquisitions, what could possibly motivate someone to give up their time to aid others? Is it a purely altruistic action? In his presentation "How Helping Others Can Help Yourself", Dr. Graham Wood will share his personal experiences to show us the benefits of volunteer work.

Dr. Wood, is a family physician, who spent twenty years practising medicine in Dunnville, In 1986, he founded *Life Line*, a program focused on healthy living and preventative medicine, currently known as the *Haldimand Health and Wellness Program*. In 1996 he founded the *East Haldimand Hospice* for the care of the dying and chronically ill.

In 2004, Dr Wood retired to live the "good life" and has found the "good life" includes humanitarian work.

On Friday February 2nd, Dr. Wood will describe his understanding of helping others and its healthy consequences. He will share his life experiences and present a slide show of his most recent work setting up medical clinics in the Dominican Republic.

Also, at this special event, there will be a display titled "The Helping Hands of Dunnville". This exposition will highlight the many outreach groups in Dunnville with the intent to raise awareness of their accomplishments and needs and to enrich these volunteer organizations with new "Helping Hands".

"Not all of us can travel to the developing world to provide aid, but all of us can reach out our hand to make a difference in the lives of our neighbours. We all have the ability to live the "good life" and change our world in a positive way" said Denise Johnson, **dream's** communication coordinator.

For more information on how you can purchase season tickets to **dream's raising awareness: film and speaker series** or join as a volunteer or



community sponsor contact Dr. Reza Kazemi at 905.774.8841, or by email at kazemi@mountaincable.net. All proceeds from the event will help fund **dream's** community and youth programs.

dream is a unique, community-based organization of volunteers that builds Dunnville's capacity to better serve its youth by providing academic, social and financial support to secondary school students. **dream** offers a four-year, youth mentorship program and hosts other community services that include a field-school program in Ek Balam, Mexico to promote global literacy.

dream's presentation of *Dr. Wood is* generously sponsored by I.D.A. Hauser's Pharmacy.

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